



Kammavari Sangham (R) 1952  
**K. S. GROUP OF INSTITUTIONS**  
**K. S. SCHOOL OF ENGINEERING AND MANAGEMENT**  
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**DEPARTMENT OF MANAGEMENT STUDIES**

### MDP PROGRAM UNDER HR CLUB ACTIVITY

The Students of Department of Management Studies, KSSEM had fun filled MDP program organized by HR club.

A club activity which was conducted on 30/11/2022 in morning session at Basketball court. The faculty coordinators were professor Rupa Chatterjee Das and Sreedhar N. Department of Management Studies under the guidance of Head of the Department Shekhar H S and the Principal Dr. K Rama Narasimha. The student coordinators were Likithashree, Vijay, Thanusha, Kanchana, Bhagya & Sanjay.

A fun hands-on exercise session on MDP program was conducted in MBA Department by HR CLUB team.

Management Development program is the process of strengthening bonds between members of a group for the purpose of more efficiently achieving the group's goals.

MDP is a dynamic systemwide training program that's designed to enhance leadership capabilities and ensure us to have the skills, knowledge and resources to effectively lead, engage, and develop in the group activity.

Successful teams can be more productive than individual contributors.

#### ACTIVITIES DETAIL AS FOLLOWS:

Students did different set of activities.

Certain rules and regulations were given to students to follow up at the time of activities.

As the activity was conducted in Basketball court there were two activities which was held by are faculty members.

In first activity we made 5 teams in that all had equally took part of the activity. The activity was about each team had given 25 small pieces of clothes with was red and yellow.

The long thread was provided to the students so that they need to knot the clothes to the thread. It was about the physical activity so that student's fitness, capability of doing the activity.

In the team each one must go to the destination and knot the clothes to the thread. How will completely the first is the winner of the task. In this activity we came to know the coordination of the team members, team planning, time management, confidences.

Then the second activity has been conducted to the students with the same group members in that one person need to be blind folded and others need to provide a proper guidance to the one who is blind folded.

Firstly, there were given a box in that we provided 4 items in which the one who is blind folded should take a proper guidance from them to search a box which was kept a side from them.

Then they need to collect the items from the box, and they must give the items to the instructed faculty which was told to them at the beginning of the activity for each team members.

**They were given a time limits. In which one group took 2mins 45 sec to complete the activity. In this we learnt how to manage the time, listening skills, concentration, coordination of the team, communication, Grasping power.**

Finally, we had lots of fun in this games and learnt some value of the time management, coordination and Engaging in regular physical activity may produce improvements in an individual's physical health, cognitive performances and psychological well-being. Fitness and overall quality of life.

Physical activity increases self-efficacy, effectively setting goals, planning for setbacks, and self-monitoring progress.





Faculty Co-ordinators  
Prof. Rupa C Das & Prof. Sreedhar N

HOD - MBA  
Dr. Shekar H S