

# K S SCHOOL OF ENGINEERING AND MANAGEMENT

## DEPARTMENT OF MANAGEMENT STUDIES

### OUTBOUND TRAINING REPORT

**K S SCHOOL OF ENGINEERING AND MANAGEMENT  
DEPARTMENT OF MANAGEMENT STUDIES**

**TRAINING**

Advising, Motivations, Education, Instruction, Goal, Learning, Knowledge, Ability, Development, Skill, Mentor, Coach, Teaching

*Outbound Training*

For 4 Sem MBA  
27th July 22 to 29th July 22  
@ECC by Mr. Rakesh, Strast  
Training Centre

**Highlights:**  
Corporate Communication  
Team Building  
Corporate Etiquette  
Attitude Building  
Networking  
Group Discussion

**PROF. ROOPA BALAVENU  
COORDINATOR**      **DR. H S SHEKAR  
HOD-MBA**      **DR. K RAMANARASIMHA  
PRINCIPAL/ DIRECTOR**

# DAY 1

## LIST OF ACTIVITIES

1. Product promotion and selling
2. Paper model
3. Balloon Game
4. Treasure hunt
5. Cricket

### 1. PRODUCT PROMOTION AND SELLING:

The whole class was divided into 4 teams. Each team was given products to promote and sell, each team got different products to promote and sell with creative way. Each team member should give best ideas in order to promote and sell their products.





## **2. PAPER MODEL:**

Four groups were made and gave bunch of newspapers. Each team had to choose 2 voluntaries and had to perform an activity with newspapers using in highest number. For this activity teams had to plan in prior to use the scarce resources given in optimal way.





+





### **3. BALLOON GAME:**

All the participants here play a game individually. Here, everyone had to safeguard their balloon and the one who has the balloon till the last is the winner of the balloon game.

### **4. TREASURE HUNT:**

Treasure hunt is a game given for us during the training session. Here, the class was divided into teams and given few tasks where all the participants had to complete the given task. To complete the tasks given we had been given 45 minutes to complete the tasks.





## **5. CRICKET:**

After all the activities the students were given leisure time to play cricket. All the students were ready to play cricket in the evening after all the activities in the outbound training program.

## **CAMP FIRE:**

After playing cricket, we had campfire organized for us. Everyone enjoyed a lot during the campfire by playing Truth and Dare Activity.

# **DAY 2:**

## **List of Activities:**

1. Recap of Day 1
2. Mock Interview
3. Balloon Activity
4. Group Discussion
5. Plate Walk
6. Feedback

### **1. Recap of Day 1:**

Before starting the day 2 of the training session, all the students were called to give a recap on the activities conducted on the day 1 of the training session. All the students were called individually to the dais and were given time to sum up all the activities of Day 1.

### **2. Mock Interview:**

The outbound training session of day 2 started with the mock Interview. Rakesh sir had called few people randomly and was asking the frequently asked Interview questions. Sir had called 2 volunteers at a time and remaining people were the panel members who were allowed to ask different Interview questions for the 2 volunteer candidates. Sir also guided us when we were not able to answer the interview questions. This mock interview helped us in knowing different kinds of Interview questions and also got an idea to answer different types of questions which would be asked in an interview. Sir also gave us many tips which would be very helpful for us for cracking the upcoming interviews. Now this mock activity had helped us in gaining our confidence level and will be very helpful for all of us for attending any interviews in the future. Sir helped and corrected where we were wrong.

### **3. Balloon Activity:**

After the mock interview, there was an activity being conducted. The whole class was divided here into 2 groups to perform this activity. In this activity, each member of both the teams were given Balloons and the team mates had given a task of balancing the Balloon without touching. The 2 groups had to stand in a vertical line and had to balance the Balloon without touching it with hands. This activity has helped us in planning so that we succeed in the activity and also team work was seen. Both the teams performed its best.. This activity is something which requires patience and cannot be done in a hurry. Planning before is must in this type of activity. Moreover, everyone enjoyed this activity.



#### **4. Group Discussion:**

After the Balloon Activity, all the students were called for group discussion. Here, whole class was divided into three groups where each group had 11 members each. All the three groups were given three different topics to speak upon. The first group had given the topic "Is India completely ready for cashless India". The 2<sup>nd</sup> group's topic was "Gay marriage in India" The third group had to share their view on "Women Managers V/S Men Managers". All the individuals in the groups shared their views for 'for the topic as well as against the topic'. We all learnt how to confidently say our views relating to the topics given in the group discussion. This is also very much helpful for us in any interviews.





## **5. Plate walk:**

Plate walk is an activity given to all the students in the training session. Here, in plate walk, all the students were divided into groups where each group had 5 members. Each group having 5 members were given only 4 paper plates and had to step on the plate on move on to reach the destination in front of them. This activity required lot of planning as only 4 plates were given to each group and every group consisted of 5 members. All the students had their own strategy to reach the destination and complete the activity.





## **6. Feedback:**

We had now come to the last part of the outbound training session. All the students were asked to give the feedback for the training provided there. All the students were really happy for being a part of this outbound training session and all enjoyed this training session as well as all the activities to the maximum extent.



**Group Photo:**

This was the last part of the two-day outbound training. We all took group pictures before coming out from the training center.



**OUTCOMES OF THE PROGRAM:**

- ✓ Importance of Team work
- ✓ Boosting Self Confidence
- ✓ Being Positive
- ✓ Fun Learning
- ✓ Activity Based Learning
- ✓ Corporate Etiquettes
- ✓ Mock Interview Skills
- ✓ Facing Group Discussions
- ✓ Creativity

**COORDINATOR**

**HOD-MBA**

**PRINCIPAL/DIRECTOR**

**PROF. ROOPA BALAVENU**

**DR. SHEKAR H S**

**DR. K RAMA NARASIMHA**