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K. S. SCHOOL OF ENGINEERING AND MANAGEMENT

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#15, Near Vajarahalli, Mallasandra, off kanakapura Road, Bengaluru – 560109

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www.kssem.edu.in

KSSEM
K.S. SCHOOL OF ENGINEERING AND MANAGEMENT

Awareness Programme on Drug Abuse and Prevention

On

26th June 2024

by

KSSEM, Bengaluru - 560109

Association with



NATIONAL SERVICE SCHEME (NSS)

K.S. School of Engineering and Management

Bengaluru - 560109



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Awareness programme on Drug Abuse and Prevention was organized by NSS cell, KSSEM in association with Bengaluru city police, Subramanyapura Sub Division, Thalaghattapura Police station on 26/06/2024 at 11:30am. The event aimed to educate participants on the dangers of drug abuse, promote healthy lifestyles, and inform the community about available resources for prevention and rehabilitation. The program was attended by 4th semester students of all branches.

Objectives: The primary objectives of the program were:

1. To raise awareness about the harmful effects of drug abuse.
2. To educate participants on the signs and symptoms of drug addiction.
3. To provide information on prevention strategies and coping mechanisms.
4. To connect participants with local resources and support networks for drug prevention and rehabilitation.

The program commenced at 11:30 AM in the Civil Seminar Hall, with distinguished guests including Dr. K. Rama Narasimha, Principal/Director of KSSEM; Dr. K. Venkat Rao, Professor & Head of the Department of CSE; Prof. Manjunath T K, Associate Professor & Head of the Department of AI&DS; Mr. Girish S.B. Assistant Commissioner of Police, Subramanyapura; Mr. Jagadish N, Inspector; Mr. Umesh, Sub Inspector, Thalaghattapura; and Mr. Manoharkumar K N, NSS Programme Officer, KSSEM, gracing the stage. The event was also attended by 4th-semester students and faculty from the CSE department.

Dr. K. Rama Narasimha honored Mr. Girish S.B, Assistant Commissioner of Police, Subramanyapura police station, and Mr. Jagadish N, Inspector, Thalaghattapura police station.

The program began with an opening speech by Mr. Jagadish, Inspector, highlighted the importance of giving awareness on drug abuse in the community. The speaker emphasized the need for collective efforts to combat this issue and protect the younger generation from the dangers of drugs.



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Mr. Girish S.B, Assistant Commissioner addressed the gathering on the topic of drug abuse and prevention, providing insights and raising awareness on the issue.

□ **Health and Well-Being:** Drug abuse can lead to severe physical and mental health issues, including addiction, mental illness, and even death. Raising awareness helps people understand the risks and encourages healthier choices.

□ **Social Impact:** Drug abuse not only affects the individual but also their family, friends, and the wider community. It can lead to broken relationships, domestic violence, and crime. Addressing the issue promotes social harmony and reduces these negative consequences.

□ **Economic Consequences:** The economic burden of drug abuse is substantial, including healthcare costs, lost productivity, and law enforcement expenses. Prevention programs can help reduce these costs by minimizing the prevalence of drug-related issues.

□ **Educational Awareness:** Educating young people about the dangers of drug abuse is essential in preventing early experimentation and addiction. Awareness programs equip them with the knowledge to make informed decisions and resist peer pressure.

□ **Legal Ramifications:** Many drugs are illegal, and involvement in drug-related activities can lead to serious legal consequences, including imprisonment. Understanding the legal implications can deter individuals from engaging in drug use or trafficking.

□ **Public Safety:** Drug abuse often leads to impaired judgment and risky behaviors, which can endanger both the user and others. Addressing the issue helps to maintain public safety and reduce incidents like driving under the influence or violent crime.

□ **Support and Rehabilitation:** Raising awareness about drug abuse also involves highlighting available resources for support and rehabilitation. This ensures that those struggling with addiction know where to seek help and can access the necessary services to recover.



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□ **Community Strengthening:** Communities that actively address drug abuse tend to be stronger, with residents who are more engaged in promoting healthy lifestyles and supporting one another. This collective effort creates a safer and more supportive environment for everyone.

An interactive session was held where participants could ask questions and share their concerns. Experts provided practical advice on how to identify early signs of drug abuse and how to approach individuals who might be struggling with addiction.





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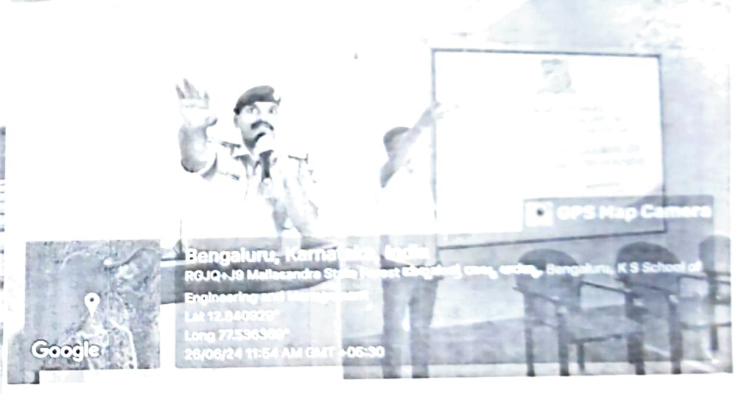
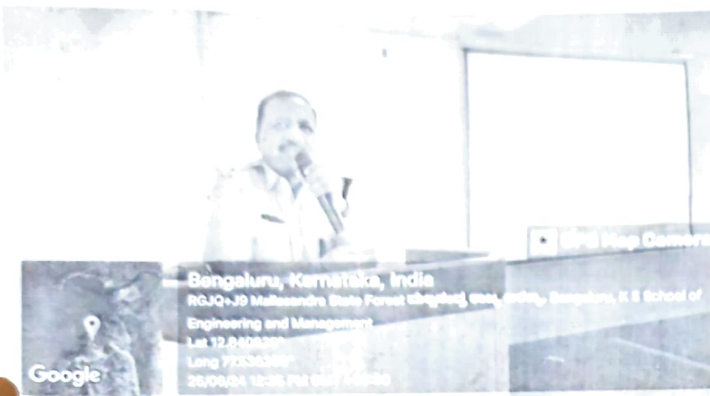




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I would like to extend my gratitude to our Management, CEO, Principal and Head of all the Departments for their generous support, which allowed us to organize the activity seamlessly.

NSS Program Officer
MANOHARKUMAR K N

NSS Program Officer
K S School of Engineering and Management
Bengaluru - 560 109

Principal

Dr. K. RAMA NARASIMHA
Principal/Director
K S School of Engineering and Management
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“CPR Awareness Week”

On

8th June 2024

by

KSSEM, Bengaluru - 560109

Association with



NATIONAL SERVICE SCHEME (NSS)

K.S. School of Engineering and Management

Bengaluru - 560109



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The NSS Cell at KSSEM organized a CPR awareness week for NSS volunteers in collaboration with **Zymus Hospital** Bengaluru on **June 8th, 2024**, from 11:40 AM to 12:30 PM. The event began with a welcome address by Meghana, an NSS Volunteer from the CSI Department, to the esteemed guests: Dr. Nagaraj Lakshmeshwar from Zymus Hospital, Mr. Manoharkumar K N, the NSS Programme Officer, and Mr. ShivaPrakash, the P.E.D. KSSEM. Dr. Nagaraj Lakshmeshwar then initiated the awareness program for students, explaining the differences between a heart attack and sudden cardiac arrest, essential precautions, how to perform CPR, and the relevant rules and regulations.

The CPR Awareness Programme at KSSEM proved to be a pivotal initiative in aligning with national efforts to combat the increasing instances of cardiac arrests. By equipping participants with essential CPR skills, the program aimed to contribute to a more resilient and responsive community in medical emergencies. The engagement of both students and faculty underscored the importance of widespread CPR training in saving lives and promoting a culture of preparedness.

About CPR

Cardiopulmonary resuscitation (CPR) is a crucial life-saving technique used in emergencies when a person's heartbeat or breathing has stopped. Awareness and training in CPR can significantly increase the chances of survival for victims of cardiac arrest. This report delves into the importance of CPR awareness, current statistics, methods to increase awareness, and recommendations for improving CPR training and accessibility.

Importance of CPR Awareness

1. **Life-Saving Potential:** Immediate CPR can double or even triple the chances of survival after cardiac arrest.
2. **Accessibility:** CPR can be performed by anyone who is trained, making it an accessible intervention for emergencies.



3. **Window of Opportunity** The first few minutes after cardiac arrest are critical. bystander CPR can keep blood flowing to vital organs until professional help arrives.

CPR awareness and training are critical components of public health that can save lives in emergencies. By increasing education, training accessibility, and public awareness, communities can improve their readiness to respond to cardiac emergencies. Enhanced policies and the use of technology can further support these efforts, ensuring that more individuals are prepared to act when every second counts.



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NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

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Bengaluru - 560 109**

Principal

**Dr. K. RAMA NARASIMHA
Principal/Director**

**K S School of Engineering and Management
Bengaluru - 560 109**



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**CPR
AWARENESS
WEEK**

Organized By

Zymus Hospital

In Association with NSS Cell KSSEM



Kavirathna Kalidasa Auditorium



8th June 2024 @ 11:40 AM to 12:30 PM

**Learn to Respond Emergency
& Save Life**



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National Service Scheme

Ref: KSSEM / NSS / 02 / 2024-25

Date: 03/06/2024

CIRCULAR

All NSS Students are hereby informed that the NSS Cell, in association with the Department of ECE, is organizing a **Tree Plantation event** on the occasion of World Environment Day. The event will take place on **5th June 2024 at 3 PM** in the KSSEM campus. All students are encouraged to participate.

NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

K S School of Engineering and Management
Bengaluru - 560 109

Principal

Principal/Director
K. S. School of Engineering and Management
Bengaluru - 560 109



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“Environmental Day”

On

5th June 2024

by

KSSEM, Bengaluru - 560109

Association with



NATIONAL SERVICE SCHEME (NSS)

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World Environment Day, celebrated annually on **June 5th**, is a global event initiated by the United Nations to encourage worldwide awareness and action for the protection of the environment. In India, this day is marked by various activities and initiatives aimed at promoting environmental sustainability and raising awareness about environmental issues.

In collaboration with the Department of Electronics and Communication Engineering, the NSS Cell organized a **Plantation drive** at the **KSSEM campus** on **June 5th, 2024**, starting at 3 PM, to commemorate World Environment Day. The event commenced with a speech by Dr. K Ramanarasimha, Principal, discussing the importance and benefits of plantation. The Principal, HODs of various departments, and NSS volunteers actively participated in the event.

The theme for World Environment Day 2024 is "Ecosystem Restoration." This theme is particularly significant for India, a country rich in diverse ecosystems ranging from forests and wetlands to coastal and urban landscapes. The focus is on reviving damaged ecosystems and promoting practices that prevent further environmental degradation.

- **Biodiversity Conservation:** Emphasizing the importance of protecting India's rich biodiversity, including its numerous endemic species and diverse ecosystems.
- **Climate Action:** Highlighting the need for action to mitigate climate change impacts, particularly in vulnerable regions of India prone to extreme weather events.
- **Sustainable Development:** Advocating for development practices that balance economic growth with environmental protection and social equity.

World Environment Day in India is a vital occasion that brings together diverse stakeholders to promote environmental awareness and action. The theme of "Ecosystem Restoration" resonates strongly with India's need to revive and protect its natural resources. Through continued efforts and collaborative initiatives, India can make significant strides towards a more sustainable and resilient future.



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National Service Scheme

Ref: KSSEM / NSS / 01 / 2024-25

Date: 27/05/2024

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All Students are hereby informed to note that, BNM Institute of Technology, Banashankari 2nd Stage, Bengaluru is organizing **BNM Cycle Street** on the occasion of World Environmental Day on **2nd June 2024, BNM Campus at 6.30am**. The interested students can participate in the event.

Note: For Registration

Contact: Manoharkumar K N

Mob.: 9035399237

Room No.: B111


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NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

K S School of Engineering and Management
Bengaluru - 560 109


Principal
27/5/24

Dr. K. RAMA NARASIMHA

Principal/Director

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4. CS&BS: NM

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6. ME: 

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INSTITUTE OF TECHNOLOGY
An Autonomous Institution under VTU

Vikasana
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PRESENTS



On the occasion of

WORLD ENVIRONMENT DAY & CYCLE DAY

Sunday, 2nd June 2024, at 6.30 AM

📍 **BNM Campus, Banashankari 2nd Stage, Bengaluru**



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